



Exceptionally determined young racers are welcome when accompanied by a parent.  
Tommy, Age 11

## YOUR TRAINING GROUND: MT. HOOD, OREGON'S TALLEST PEAK

Towering over the Columbia River Gorge and Lake Trillium, Mt. Hood defines the Cascade Range's extraordinary "big sky".

You'll ski the prominent Palmer Snow Field, picked for its superb conditions, safety, and long daylight hours at this time of year. In fact, your coaches fully expect the slalom runs to be the best in North America for summer training because permission has been granted for the courses to be hardened with salt.

## YOUR HEADQUARTERS: MT. HOOD INN

Rigorous workouts are balanced by plenty of rest and relaxation at The Mt. Hood Inn in Government Camp, Oregon.



You'll enjoy first-class accommodations, including a whirlpool, and a choice of a single, double or triple occupancy room on a supervised floor.

Parents joining their racers will receive the same reduced room rate. Call Erich directly at (952) 431-4477 for details.



Matt, Age 16

AAA-rated Mt. Hood Inn:  
(503) 272-3205  
fax (503) 272-3307



**SAFETY IS STRESSED AT ALL TIMES.  
OUR RECORD IS SECOND TO NONE.**

### A personal note from Erich...

Every camper can expect and will receive the very best coaching available in the world. This is based on demonstration, coaches forerunning, experiencing race like courses, and video analysis. Coaches are the very best I can hire, and they're prepared to work with all age groups and skill levels. Your training will be an intense six-day session (food & lodging are superb).

I'm very aware of the high cost of skiing and ski racing. Compare carefully. I think you'll agree that our camp offers very productive learning time in an exceptional environment.

Note: parents must accompany juniors below a certain age level—please call me for details.

*Erich*

### IF YOU MUST CANCEL

Tell us immediately—call (952) 431-4477.  
If you delay you may be faced with penalties.

<b>Camp Penalty</b>	<b>Less than 6 weeks left, \$150</b>
	<b>Less than 4 weeks left, \$250</b>

Erich Sailer Ski Racing Camps, Inc. reserves the right to make changes if necessary. Please note: changes can be caused by unforeseeable circumstances.

### For more information

Phone or Fax: (952) 431-4477

E-mail: [esailer@skicamps.com](mailto:esailer@skicamps.com) • Web site: [www.skicamps.com](http://www.skicamps.com)

# ERICH SAILER SKI RACING CAMPS™

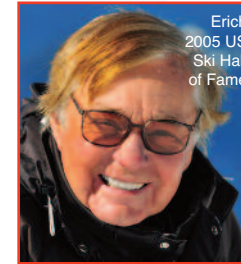
Intense Training for Serious Racers

Some photos are taken at the training camp on Mt. Hood by the staff of Erich Sailer Ski Racing Camps, Inc. and Brian W. Robb, Hood River, OR.  
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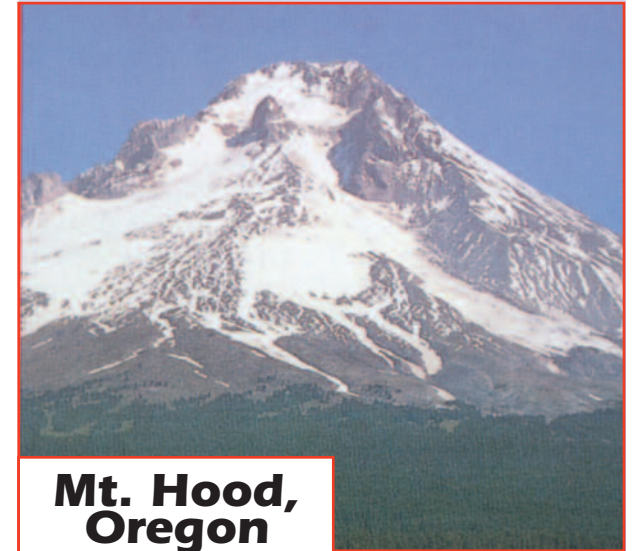
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# ERICH SAILER



Erich  
2005 US  
Ski Hall  
of Fame

# 2010 SKI RACING CAMPS™ INC.



## Mt. Hood, Oregon

2010

June 6\* – June 13\*\*, Session I

June 13\* – June 20\*\*, Session II

June 20\* – June 27\*\*, Session III

952-431-4477

\* Check-in day  
\*\* Check-out day



"Our coaches are very motivated to help you. We teach, demonstrate, pace-set and forerun the latest techniques in GS and SL for all age groups."

*Erich*



timberlineodge.com

## YOUR COACHING: ERICH SAILER & A STELLAR STAFF



Erich pioneered summer ski training in North America. He has international recognition as the coach of many Junior Olympic Champions and United States Ski Team Members. He's an International Coach with the United States Ski Coaches Association and 2005 Inductee into the U.S. National Ski Hall of Fame. Additionally Erich is Program Director with the Buck Hill Ski Racing Team. Our coaches and pacesetters are always of the highest caliber. Signed on so far are Bernard Vajdic, current top World Cup Racer; Uros Pavlovic, former Slovenian World Cup Racer and Olympian, US National SL Champion; Sarah Schleper Gaxiola, 4 time Olympian, 2010 World Cup Racer and 3 time US National Champion; Petter Brenna, Former Norwegian National Team Member and 2008 Norwegian National

Combined Champion; Martina Sailer, Former US Ski Team member; Jacob Olsen, Buck Hill Coach and Former College Racer. Pacesetters include: Sterling Grant, NorAm Champion and US Ski Team member; Chris Colpitts, top collegiate racer; and Claire Abbe, former University of Denver team member. Others will be named as needed.



## YOUR TRAINING: INTENSE & FULFILLING



Bernard Vajdic,  
Current Top World Cup Racer

Slalom and Giant Slalom will be emphasized.

Basics, drills and running courses will be worked on from 7 A.M. until noon, daily. (Coaches and pacesetters forerun every course.) Afternoons are for resting, dryland training and

viewing videos of the day. You will be taught the latest techniques to ski and race in SL and GS.

Note: helmets are required for GS training and protective gear for slalom (face/head protection and/or mouth guard).

You will train with Regional, Divisional & Junior Olympic Champions.

**Famous Alumni of the Camp include: Lindsey Vonn, Kristina Koznick, Sarah Schleper, Julia Mancuso, (2006 Gold Medalist), Resi Stiegler and 50+ Junior Olympic Champions, including 2010 J2 Nationals Gold & Silver Medalist Matt Strand and 2010 Topolino participant Mitchell Underhill. Plus current U.S. Ski Team Member and World Cup racer Sterling Grant.**



Montana, Age 13

### DAILY SCHEDULE:

5:00 am	Wake up
5:30 am	Breakfast
7:00 am	Lift Opens
7:30 am	Training Begins
12:30 pm	Training Ends
1:30 pm	Video / Resting / Ski Prep
4:00 pm	Dryland Training
5:30 pm	Dinner
7:00 pm	Meeting
7:30 pm	Resting / Ski Prep
9:00 pm	Lights out

Erich Sailer Ski Racing Camps, Inc. reserves the right to make changes to this schedule as circumstances require.

## TRANSPORTATION: HASSLE-FREE

Please make your own arrangements to get to Portland, OR.

We've scheduled transportation for you once you reach the Portland Airport: **noon** on June 6, June 13, and June 20.

Likewise, after camp you'll have opportunities for rides to the airport on: June 13, June 20 and June 27. Please schedule return flights after 9:00 A.M.

The charge is \$25, one-way. If you wish special pick-up, call Luxury Accommodation Mountain Shuttle, (503) 668-7433.

## COSTS: HIGH VALUE / HIGH TRAINING

<b>Cost per participant:</b>	<b>\$1100* per session. Includes lift, coaching, and transportation from the hotel to Mt. Hood for six days and breakfast, lunch and dinner for five days.</b>
<b>Additional costs per participant:</b>	<b>Room, \$94 + tax per day.* Includes rollaway bed. (Divided by the number of occupants.)</b>
<b>Deposit:</b>	<b>\$1100 with registration (per session). Payable to Erich Sailer Ski Racing Camps, Inc.</b>

Deluxe accommodations are also available for families at the neighboring Grand Lodges. Call 1-800-234-6288 for more information. Mention our camp for a 10% discount on rates.

\* Participants must pay for lodging at check-in time in cash or credit card.



## 2010 SKI RACING CAMP APPLICATION

Please complete legibly and mail to:  
Erich Sailer Ski Racing Camps, Inc.  
13796 Guild Avenue ■ Apple Valley, MN  
55124

Phone or Fax: (952) 431-4477

E-mail: [esailer@skicamps.com](mailto:esailer@skicamps.com)

Website: [www.skicamps.com](http://www.skicamps.com)

**The camp fills to capacity.  
Please enroll early!**

Session:  I June 6 – June 13  
 II June 13 – June 20  
 III June 20 – June 27

Athlete Name \_\_\_\_\_

Age \_\_\_\_\_ Gender \_\_\_\_\_

Number of years racing \_\_\_\_\_

Member USSA ? \_\_\_\_\_

National Points (if any) \_\_\_\_\_

\_\_\_\_\_

Parent/guardian Name(s): \_\_\_\_\_

\_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone # \_\_\_\_\_

Work Phone # \_\_\_\_\_

Email Address \_\_\_\_\_

This Camp Application is subject to acceptance of release agreements prior to camp attendance and admittance of camper by Erich Sailer Ski Racing Camps, Inc.